

## **Free Parenting Course**

**Circle of Security** is offered by the Learning Community of Douglas and Sarpy County to families in the Millard, Ralston, and Westside school districts.

Every Thursday
March 9-May 4, 2023
5:30-7:00 PM or 7:15-8:45 PM
Westside Community Center
3534 S 108 St.

Learn how to protect and nurture babies through teens while fostering their independence. Practical tools can put the keys to healthy attachment within every parent's reach--self understanding, flexibility, and the willingness to make and learn from mistakes.

Click **HERE** to sign up or go to

**Circle of Security** is offered for **FREE** but size is limited to 10 participants per class. Once the session is full you will be added to a waiting list.

A light meal will be provided and childcare is available upon request.

Questions? Contact Kodjovi Dogbevi at 531-301-5041

